

Supported Internship Programme



Offered as a third year of Sixth Form, the **Supported Internship Programme** focuses on further developing and fostering independent skills so that a young person can prepare to transition from NCW and towards the world of work.

This programme includes...

4-5 mornings a week or 3- 4 days at a local business in an area a student is interested in pursuing as a career. Various sectors such as charity, public or private sector, care or retail are all possibilities.

We currently have a growing bank of businesses and organisations who are happy to work alongside us and provide placements for students.

Within a placement, students will learn about a variety of job-related tasks and employability skills, such as dealing with the public, time keeping, communication, team work skills, prioritising tasks and meeting deadlines alongside the specific skills attached to that particular job.

Support from our NCW Job Coach will be provided and will help students to work as independently as possible within the placement. The coach would gradually withdraw as appropriate.

During time in College, the programme would be bespoke according to the student's needs but could include a range of the following as appropriate:

- **Mobility** - independent travel skills taught both as individual lessons but also integrated into part of the supported internship, such as getting to and from work.
- **Activities for Daily Living (ADL)** - bespoke programme of independence to include cooking and nutrition, shopping, budgeting, banking, accessing benefits and organisations for support.
- **Literacy and numeracy skills**
- **Careers** - access to work and sessions with Blind in Business
- **Wellbeing programme**
- **Waking day curriculum** – activities and trips at evenings and weekends, as well as practising independent living skills in the hostel